

2023 Tupelo PRO | NPC Total Body Championships

Bodybuilding, Figure, Bikini, Wellness & Physique

Schedule of Events

Check-In & Weigh-In

FRIDAY, AUGUST 11, 2023

Cadence Bank Arena, 375 E Main Street, Tupelo, MS 38804 - ENTRANCE D

All NPC athletes must check-in and or weigh-in from 5:00 P.M. to 7:00 P.M.

ALL IFBB athletes will check in @7:30 P.M.

Bodybuilding, Bikini & Classic Physique Competition suits must be worn to weigh-in. Figure and Physique Competition suits should be brought to check in on Friday night for approval. If you have any doubt about the suit style, bring a second suit.

Pre-Judging

Saturday, August 12th (Morning Show)

NEW VENUE! Cadence Bank Arena, 375 E Main Street, Tupelo, MS 38804 -
ENTRANCE D

8:00 AM - ***ALL NPC* Athletes MUST Check in (Plan to arrive 15 minutes early)**
Venue doors open to the public / ticket office opens

9:00 AM SHARP – IFBB CLASSIC PHYSIQUE PREJUDGING

– IFBB FIGURE PREJUDGING

– All NPC Divisions will immediately follow.

Finals

Saturday, August 12th (Evening Show)

Cadence Bank Arena, 375 E Main Street, Tupelo, MS 38804 - ENTRANCE D

3:00 PM - *** ALL NPC* Athletes MUST Check in (Plan to arrive 15 minutes early)**
Venue doors open to the public / ticket office opens

4:00 PM SHARP – IFBB CLASSIC PHYSIQUE & IFBB FIGURE FINALS

– All NPC Divisions will immediately follow.

Post Show

Join us immediately following show!

Celebrate & meet with judges @TEXAS ROADHOUSE  !

(Centrally located & walking distance from Home2 Suites & Holiday Inn Express)

**ATTN: COMPETITORS MUST BRING BANDS TO PUMP UP BACKSTAGE!
WEIGHTS WILL NOT BE AVAILABLE OR ALLOWED IN PUMP UP ROOM!**