#### VENUE FOR ALL EVENTS: Cadence Bank Arena - Entrance D 375 E Main Street, Tupelo, 38804

### **FRIDAY, AUG.** CHECK-IN

PCTOTAL BODY

2025

10AM - ALL IFBB PRO ATHLETES & ATHLETE MEETING 12PM - 2PM: ALL NPC ATHLETES

Bodybuilding & Classic Physique Competition suits must be worn to weigh-in. If you have any doubt about the suit style, bring a second suit.

## WOMEN'S PRO DAY

4PM: Venue doors open to the public /Ticket office opens 5PM SHARP: IFBB WOMEN'S BODYBUILDING - Masters IFBB FIGURE - Open & Masters IFBB WOMEN'S PHYSIQUE - Open & Masters IFBB WELLNESS - Open & Masters 7PM: 30-minute break for scoring

7PM: 30-minute break for scoring 7:30 PM FINALS BEGIN

# SATURDAY, AUG. 9

## PRE-JUDGING

7AM: NPC ATHLETE MEETING (ALL NPC Athletes MUST ATTEND) Venue doors open to the public Ticket office opens

8AM SHARP: IFBB MEN'S BODYBUILDING-Masters IFBB CLASSIC PHYSIQUE-Open & Masters All NPC Divisions will immediately follow.

### <u>FINALS</u>

3PM: NPC ATHLETE MEETING (ALL NPC Athletes MUST ATTEND) Venue doors open to the public / Ticket office opens 4PM SHARP: MEN'S BODYBUILDING IFBB CLASSIC PHYSIOUE

All NPC DIVISIONS will immediately follow.

Join us immediately following the show! Celebrate & meet with judges @TEXAS ROADHOUSE! (Centrally located & walking distance from Home2 Suites & Holiday Inn Express)

ATTN: COMPETITORS MUST BRING BANDS TO PUMP UP BACKSTAGE! Weights will not be available or allowed in Pump up room!